

# Lakewood Recreation Spring Youth Programs

## “ESCAPE” WRESTLING INSTRUCTION

Join some of the top wrestling coaches in learning the skills of wrestling. Tuesday & Thursday 6:30 - 8:30pm at Lakewood HS wrestling room. Grades K -12. **\$10.00 registration fee.**

## GIRLS VOLLEYBALL

Come learn volleyball for **FREE** Tuesday & Thursday 6:30 – 8:30pm at Lakewood High School

## GOLF

**FREE** golf lessons. Learn the fundamentals of golf. All equipment is supplied.

Ages 6-16 at Lakewood Country Club (Pine Park). Thursdays 5-6pm starting **April 12**  
**Preregistration – Monday April 9 from 6-9pm at John Patrick Sports Complex**  
**March 24 – FREE** golf demonstration at Easter Egg Hunt

## ADULT PROGRAMS

**FREE** Arts & Crafts lessons at Lakewood Community Center

Monday: 10:30am - 1:30pm – Jewelry Making

Tuesday: 11:30am - 1:30pm – Crochet

Wednesday: 10:30am - 1:30pm – Arts and Crafts

# Lakewood Recreacion Primavera Juventud Programas

## “ESCAPAR” LUCHA INSTRUCCION

Unirse algunos de el parte superior lucha entrenadores en aprendizaje habilidades de lucha. Martes & Jueves noches 6:30 - 8:30 at Lakewood High School wrestling room. Grades K -12. **\$10.00 fee.**

## CHICAS VOLEIBOL

Ven aprender voleibol para **GRATIS** Martes & Jueves noches 6:30 – 8:30 at Lakewood HS

## ADULTO PROGRAMAS

Gratis Letras & Artesania lecciones at Lakewood Community Center

Lunes: 10:30am - 1:30pm – Joyeria Fabricacion

Martes: 11:30am - 1:30pm – Tejer

Miercoles: 10:30am - 1:30pm – Letras and Artesania

